

Steps to resolve problems

Ground and connect to Source.

Prepare, achieve self neutrality and precise insight.

Determine what the main problem is and then state it out loud.

Start the Energetic Release Process.

Tune in and scan the energy.

Use your insight to feel the leading weakness. Think, Stop Thinking, Feel
The leading (primary) weakness is the weakest in comparison to all other possible weaknesses.

Follow the leading weakness. Feel for the leading causes or reasons for this weakness.

Strengthen the leading weakness. Ensure strength to 100% Infinite potential and deletion down to 0 minus infinity .

Ask to verify improvement. Receive verbal acknowledgement of improvement before moving on. Ask “how do you feel now?”

If the desired result has not been achieved, then feel for the next leading weakness and the leading causes for it and strengthen it.

Continue until you are satisfied with the results.

Energetic Spiral Up